<u>Лексическая тема «Lesgaft University»</u>

«Saint Petersburg National State University of Physical Education, Sports and Health named after P. F. Lesgaft»

The University was founded on the basis of the Lesgaft Courses for instructors of physical activities in 1896. The outstanding Russian scholar and teacher, P.F. Lesgaft



taught the students Anatomy, the Theory of Movements, Pedagogics, and the History of Pedagogics.

P.F.Lesgaft (1837 - 1909) was **the founder of the scientific system of physical education** in Russia.

In 1919, the Courses were turned into the **State Institute of Physical Education** which was named after P.F.Lesgaft.



етр Францевич ЛЕСТАФТ. 1837—1909

In 1992, the Institute was reorganized into the Lesgaft State Academy of Physical Education and in 2005 it was elevated to the

status of University. The University, in its 120-year history, has trained a lot of European, **world record-holders** and **Olympic champions.** Among **the top-class athletes** are Kazankina (runner), Salnikov (swimmer), Dityatin and Davydova (gymnasts), Kabaeva (rhythmic gymnast), Valova and Vasilyev, Selezneva and Makarov, Mishkutionok and Dmitriyev, Urmanov, Yagudin and Plushenko (figure skaters).



4000 students, among whom are the students from 14 countries, are studying at the University at the moment. The **applicants** must **pass competitive entrance examinations to be admitted to** the University. **The academic year** is divided into two **terms**. At the end of each term, the students **receive credits** and **take examinations**. Most of the students **are granted state scholarships**.

After graduating from the University, the students work as coaches, PE (physical education) teachers. They also become specialists in adaptive physical education and physical therapy.

Sport is in progress. Some new sports have appeared recently: kick-boxing, taekwondo, shaping, aerobics, curling, sports orienteering, and diving are being practiced in the Academy. A Handicapped Training Department and the Department of Management and Economics have been founded.

The staff of the University is involved in a wide range of research. **Post graduate courses** are attended by 150 students. After **defending** their **thesis** they **get the degree of a Candidate of Sciences.**



More than 350 teachers and lecturers are on the staff, including Academicians, Honored

Scientists, Doctors and Candidates of Sciences, Honored Masters of Sports, Honored Coaches, and Masters of Sports.

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<u>Ключевые слова и фразы:</u>

a scholar ученый the founder of the scientific system of physical education основатель научной системы физического воспитания a record-holder рекордсмен an applicant абитуриент to pass competitive entrance examinations сдавать вступительные экзамены to be admitted to the University быть принятым в Университет academic year учебный год term семестр to receive credit получить/сдавать зачет to take examinations сдавать экзамены to be granted state scholarships получать стипендию to graduate from the University оканчивать университет to work as a coach, PE (physical education) teacher работать тренером, учителем физкультуры a specialist in adaptive physical education специалист по $A\Phi K$ physical therapy физиотерапия research исследование, исследовательская работа. post graduate courses аспирантура to defend thesis защищать диссертацию to get the degree of a Candidate of Sciences получать степень кандидата наук a lecturer лектор, звание преподавателя университета, колледжа academician академик Honored Scientist заслуженный ученый Doctor of Sciences доктор наук Honored Master of Sports заслуженный мастер спорта Honored Coach заслуженный тренер