## Reference materials in English

1. Full name of the educational organization: Federal State Budget Educational Institution of Higher Education "Lesgaft National State University of Physical Education, Sport and Health, St. Petersburg"

2. Location: 35 Dekabristov St., Saint-Petersburg, Russia Federation

\*Fundamentals of physical education Practical exam on chosen sport General physical preparedness (practical exam)

| 3. List of | training areas:             |                        |   |   |   |
|------------|-----------------------------|------------------------|---|---|---|
| No         | Educational Program         | Qualification          | Profiles (Specialization)                     | Entrance<br>exams<br>in priority<br>order<br>/ admission conditions for foreign citizens  | Term of<br>study (Duration of<br>program) |
|            | FOR FOREIGN CIT             | <b>FIZENS ENTERING</b> | FULL-TIME BACHELOR'S DEG                      | REE PROGRAM (FEE-BASED EDUCA  | TION)                                     |
| 1.         | 49.03.04 Sport              | Bachelor's degree      | Coaching and teaching in the chosen sport     | <ol> <li>Russian language</li> <li>Biology</li> <li>Chosen sport (1. Practical exam on chosen<br/>sport</li> <li>Fundamentals of physical education)</li> </ol>                 | 4 years                                   |
| 2.         | 49.03.04 Sport              | Bachelor's degree      | Anti-doping support in sport                  | <ol> <li>Russian language</li> <li>Biology</li> <li>Chosen sport (1. Practical exam on chosen<br/>sport</li> <li>Fundamentals of physical education)</li> </ol>                 | 4 years                                   |
| 3.         | 49.03.01 Physical education | Bachelor's degree      | Physical well-being activities                | <ol> <li>Russian language</li> <li>Biology</li> <li>Physical training (1.General physical preparedness (practical exam)</li> <li>Fundamentals of physical education)</li> </ol> | 4 years                                   |
| 4.         | 49.03.01 Physical education | Bachelor's degree      | Management of physical education and<br>sport | <ol> <li>Russian language</li> <li>Biology</li> <li>Physical training (1.General physical preparedness (practical exam)</li> <li>Fundamentals of physical education)</li> </ol> | 4 years                                   |

| 5.  | 49.03.02 Physical education   | Bachelor's degree  | 1. Adapted physical education              | 1) Russian language                          | 4 years          |
|-----|-------------------------------|--------------------|--|--|------------------|
|     | for persons with disabilities |                    | 2. Adapted sports                          | 2) Biology                                   |                  |
|     | (Adapted physical education)  |                    | 3. Physical rehabilitation                 | 3) Physical training (1.General physical     |                  |
|     |                               |                    | 4. Physical education and sport in         | preparedness (practical exam)                |                  |
|     |                               |                    | prevention of negative social phenomena    | 2. Fundamentals of physical education)       |                  |
|     |                               |                    | 5. Hydro-rehabilitation                    |  |                  |
| -   |                               | <b>D</b> 1 1 4 1   | 6. Therapeutic physical education          |  |                  |
| 6.  | 44.03.01 Teacher education    | Bachelor's degree  | Physical education                         | 1) Russian language                          | 4 years          |
|     |                               |                    |  | 2) social studies                            |                  |
|     |                               |                    |  | 3) Physical training (1.General physical     |                  |
|     |                               |                    |  | preparedness (practical exam)                |                  |
| -   | 44.02.02 D 1 1 1 1            | D 1 1 1 1          |  | 2. Fundamentals of physical education)       | 4                |
| 7.  | 44.03.02 Psychological and    | Bachelor's degree  | Sport psychology                           | 1) Russian language                          | 4 years          |
|     | pedagogical education         |                    |  | 2) social studies                            |                  |
| 0   |                               |                    |  | 3) biology                                   |                  |
| 8.  | 38.03.02 Management           | Bachelor's degree  | Management of a sport organization         | 1) Russian language                          | 4 years          |
|     |                               |                    |  | 2) Social Science                            |                  |
|     |                               |                    |  | 3) Profile Mathematics                       |                  |
| 9.  | 41.03.05 International        | Bachelor's degree  | Physical education and sport in the system | 1) Russian language                          | 4 years          |
|     | relations                     |                    | of international relations                 | 2) social studies                            |                  |
|     |                               |                    |  | 3) history                                   |                  |
| 10. | 42.03.02 Journalism           | Bachelor's degree  | Sports journalism                          | 1) Russian language                          | 4 years          |
|     |                               |                    |  | 2) literature                                |                  |
|     |                               |                    |  | 3) creative test                             |                  |
|     |                               |                    |  | REE PROGRAM (FEE-BASED EDUCA                 |                  |
| 1.  | 49.03.04 Sport                | Bachelor's degree  | Coaching and teaching in the chosen sport  | 1) Russian language                          | 4 years 8 months |
|     |                               |                    |  | 2) Biology                                   |                  |
|     |                               |                    |  | 3) Chosen sport (1. Practical exam on chosen |                  |
|     |                               |                    |  | sport  |                  |
|     |                               |                    |  | 2. Fundamentals of physical education)       |                  |
| 2.  | 49.03.04 Sport                | Bachelor's degree  | Anti-doping support in sport               | 1) Russian language                          | 4 years 8 months |
|     |                               |                    |  | 2) Biology                                   |                  |
|     |                               |                    |  | 3) Chosen sport (1. Practical exam on chosen |                  |
|     |                               |                    |  | sport  |                  |
|     |                               |                    |  | 2. Fundamentals of physical education)       |                  |
| 3.  | 49.03.01 Physical education   | Bachelor's degree  | Physical education and recreational        | 1) Russian language                          | 4 years 8 months |
|     |                               |                    | activities                                 | 2) Biology                                   |                  |
|     |                               |                    |  | 3) Physical training (1.General physical     |                  |
|     |                               |                    |  | preparedness (practical exam)                |                  |
|     |                               | <b>D</b> 1 1 · · · |  | 2. Fundamentals of physical education)       |                  |
| 4.  | 49.03.01 Physical education   | Bachelor's degree  | Management of physical education and       | 1) Russian language                          | 4 years 8 months |
|     |                               |                    | sports                                     | 2) Biology                                   |                  |
|     |                               |                    |  | 3) Physical training (1.General physical     |                  |
|     |                               |                    |  | preparedness (practical exam)                |                  |
|     |                               |                    |  | 2. Fundamentals of physical education)       |                  |

| 5.  | 49.03.02 Physical education<br>for persons with disabilities | Bachelor's degree | 1. Adapted physical education<br>2. Adapted sports                  | 1) Russian language<br>2) Biology                                       | 4 years 8 months |
|-----|--|-------------------|---|---|------------------|
|     | (Adapted physical education)                                 |                   | 3. Physical rehabilitation  | 3) Physical training (1.General physical                                |                  |
|     |  |                   | 4. Physical education and sport in                                  | preparedness (practical exam)   |                  |
|     |  |                   | prevention of negative social phenomena                             | 2. Fundamentals of physical education)                                  |                  |
|     |  |                   | 5. Hydro-rehabilitation   |   |                  |
|     |  |                   | 6. Therapeutic physical education                                   |   |                  |
| 6.  | 44.03.01 Teacher education                                   | Bachelor's degree | Physical education  | 1) Russian language   | 4 years 8 months |
|     |  |                   |   | 2) social studies   |                  |
|     |  |                   |   | 3) Physical training (1.General physical                                |                  |
|     |  |                   |   | preparedness (practical exam)<br>2. Fundamentals of physical education) |                  |
|     | EOD EODEICN C  | TTZENIC ENTEDIN   | IC EULL TIME MASTED'S DECDI   | EE PROGRAM (FEE-BASED EDUCAT  |                  |
| 1   |  |                   |   |   | ,                |
| 1.  | 49.04.01 Physical education                                  | Master's degree   | Complex rehabilitation in physical education and sport              | Undergraduate major (interview + testing)                               | 2 years          |
| 2.  | 49.04.01 Physical education                                  | Master's degree   | Management of physical education and sport                          | Undergraduate major (interview + testing)                               | 2 years          |
| 3.  | 49.04.01 Physical education                                  | Master's degree   | Professional education in the field of physical education and sport | Undergraduate major (interview + testing)                               | 2 years          |
| 4.  | 49.04.02 Physical education                                  | Master's degree   | 1. Adapted physical education in the                                | Undergraduate major (interview + testing)                               | 2 years          |
|     | for persons with disabilities                                | -                 | education of learners with disabilities                             |   | •                |
|     | (adapted physical education)                                 |                   | 2. Sports training for persons with                                 |   |                  |
|     |  |                   | disabilities, including persons with                                |   |                  |
|     |  |                   | disabilities  |   |                  |
|     |  |                   | 3. Physical rehabilitation  |   |                  |
| 7.  | 49.04.03 Sport   | Master's degree   | Sport and athletes training system in chosen sport                  | Undergraduate major (interview + testing)                               | 2 years          |
| 8.  | 49.04.03 Sport   | Master's degree   | Medical and biological support of sport<br>training                 | Undergraduate major (interview + testing)                               | 2 years          |
| 9.  | 49.04.03 Sport   | Master's degree   | Scientific and methodological support for<br>sport training         | Undergraduate major (interview + testing)                               | 2 years          |
| 10. | 42.04.02 Journalism  | Master's degree   | Media communications in the sphere of physical education and sport  | Undergraduate major (interview + testing)                               | 2 years          |
| 11. | 43.04.02 Tourism   | Master's degree   | Tourist activities in the field of physical<br>education and sports | Undergraduate major (interview + testing)                               | 2 years          |
| 12. | 44.04.02 Psychological and                                   | Master's degree   | 1. Psychological and pedagogical support                            | Undergraduate major (interview + testing)                               | 2 years          |
|     | pedagogical education  | C                 | for sport gifted children   |   | •                |
|     |  |                   | 2. Psychological support of physical                                |   |                  |
|     |  |                   | education and sports.   |   |                  |
|     | FOR FOREIGN C  | ITIZENS ENTERI    | NG PART-TIME MASTER'S DEGRE   | <b>CE PROGRAM (FEE-BASED EDUCAT</b>                                     | ION)             |
| 1.  | 38.04.04   | Master's degree   | State and municipal administration in the                           | Undergraduate major (interview + testing)                               | 2 years 6 months |
|     | State and municipal  | -                 | field of physical education and sport                               |   |                  |
|     | administration   |                   |   |   |                  |

| 2.  | 44.04.02 Psychological and pedagogical education   | Master's degree                     | Psychological and pedagogical support for athletically gifted children   | Undergraduate major (interview + testing)   | 2 years 4 months |
|-----|--|-------------------------------------|--|---|------------------|
| 3.  | 49.04.01 Physical education  | Master's degree                     | Comprehensive rehabilitation in physical education and sport   | Undergraduate major (interview + testing)   | 2 years 4 months |
| 4.  | 49.04.01 Physical education  | Master's degree                     | Management of physical education and sports  | Undergraduate major (interview + testing)   | 2 years 4 months |
| 5.  | 49.04.01 Physical education  | Master's degree                     | Professional education in the field of physical education and sports   | Undergraduate major (interview + testing)   | 2 years 4 months |
| 6.  | 49.04.02 Physical education<br>for persons with disabilities<br>(Adapted physical education) | Master's degree                     | <ol> <li>Adapted physical education in the<br/>education of learners with disabilities</li> <li>Sports training for persons with<br/>disabilities, including persons with<br/>disabilities</li> <li>Physical rehabilitation</li> </ol> | Undergraduate major (interview + portfolio)   | 2 years 4 months |
| 9.  | 49.04.03 Sport   | Master's degree                     | Sport and the system of training of athletes<br>in their chosen sport  | Undergraduate major (interview + testing)   | 2 years 4 months |
| 10. | 49.04.03 Sport   | Master's degree                     | Medical and biological support of sport<br>training  | Undergraduate major (interview + testing)   | 2 years 4 months |
|     | FOR FOREIGN CI   | ITIZENS ENTERING                    | G ON A CONTRACTUAL BASIS FO  | R FULL-TIME POSTGRADUATE STU  | U <b>DIES</b>    |
| 1.  | 5.4. Sociology   | Reseacher. Lecturer –<br>researcher | 5.4.6. Sociology of culture  | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 3 years          |
| 2.  | 3.2 Preventive medicine  | Reseacher. Lecturer -<br>reseacher  | 3.2.1 Hygiene  | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 3 years          |
| 3.  | 3.1. Clinical medicine   | Reseacher. Lecturer –<br>researcher | 3.1.33. medicine, sport rehabilitation<br>medicine, therapeutic physical training,<br>Balneology and physiotherapy   | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 3 years          |
| 4.  | 5.8 Pedagogy   | Reseacher. Lecturer –<br>researcher | 5.8.7. Methodology and technology of<br>professional education   | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 3 years          |
| 5.  | 5.8 Pedagogy   | Reseacher. Lecturer – researcher    | 5.8.6 Recreational and adapted physical education  | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 3 years          |
| 6.  | 5.8 Pedagogy   | Reseacher. Lecturer –<br>researcher | 5.8.5 Theory and methods (principles) of sport   | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 3 years          |
| 7.  | 5.8 Pedagogy   | Reseacher. Lecturer –<br>researcher | 5.8.4 Physical education and professional<br>physical training   | 1. Special discipline;<br>2. Portfolio;<br>3. Foreign language                        | 3 years          |
| 8.  | 1.5. Biological sciences   | Reseacher. Lecturer –<br>researcher | 1.5.5 Human and animal physiology  | <ol> <li>Special discipline;</li> <li>Portfolio;</li> <li>Foreign language</li> </ol> | 4 years          |